

Gisborne Montessori School - Term 1 2023

Rotation 1 (alternate weeks)

Morning tea – Selection of fresh seasonal fruit (V/GF)

Afternoon tea – Cheese, crackers & fruit (V)

Daily – Offered every day at lunchtime.

Mixed platter of sandwiches

Lunch Menu

Vegetarian and Vegan options available daily

Monday	Zucchini, Macaroni & Cheese slice – Avocado Salad
Tuesday	Lemon & Garlic Baked Chicken Drumsticks – Brown Rice Salad
Wednesday	Vegetarian Pizzas - Coleslaw
Thursday	Tuna & Vegetable Casserole – Garden Salad
Friday	Spinach & pumpkin Risotto – Dessert: Strawberries & Whipped coconut cream

Gisborne Montessori School - Term 1 2023

Rotation 2 (alternate weeks)

Morning tea – Selection of fresh seasonal fruit (V/GF)

Afternoon tea – Cheese, crackers & fruit (V)

Daily – Offered every day at lunchtime.

Mixed platter of sandwiches

Lunch Menu

Vegetarian and Vegan options available daily

Monday	Vegetarian Bean Nachos – Mixed Leaf Salad
Tuesday	Chicken & Vegetable Stir Fry with Rice – Spinach Salad
Wednesday	Mixed vegetable pasta with Napoli sauce (V) – Chickpea Salad
Thursday	Hidden Vegetable Sausage Rolls – Garden Salad with Tomato
Friday	Pumpkin & Lentil Curry (V) with Basmati Rice – Dessert: Peach & Mango Crumble with Custard